

The Line Up

The line up is a popular warm up exercise, one that I don't really promote for beginners, because it requires that almost every shot involve bottom spin, and if you have not developed a straight cueing stroke, it encourages twisting and stabbing the cue.

It is exciting, though, so I guess that is why it is so popular.

Put the colours on their spots and line up the reds between them: three reds above the black with one tight to the cushion, five reds between the Black and Pink, and the remaining seven between the Pink and the Blue.

(Starting out, you might try with only five reds, between the Black and Pink.)

Space the reds out evenly, then place the cue ball somewhere convenient to the reds.

Now pot a red, getting position on a colour.

Pot the colour, getting position on a red

Repeat until the reds are gone, then finish up by potting all the colours.